

LSAA TRACK AND FIELD MAY 24, 2017

time	Pee-Wee Girls	Pee-Wee boys	Bantam girls	Bantam boys	Midget girls	Midget boys
9:00	3000m		3000m	high jump	3000m	
9:15		3000m		3000m		3000m
	HURDLES FINALS				HURDLES FINALS	
9:30	break	long jump	discus		break	shot put
9:35			80m hurdles			
9:40				80 m hurdles		
9:45					80 m hurdles	
9:50			high jump			100 m hurdles
10:10	100m (heats)					
10:15		100m (heats)				
10:20	long jump	discus	100m (heats)	break	shot put	triple jump
10:25				100m (heats)		
10:30					100m (heats)	
10:35						100m (heats)
10:50	800m (timed final)	high jump				
10:55		800m (timed final)				
11:00			800m (timed final)			
11:05	discus		break	800m (timed final)	triple jump	long jump
11:10				shot put	800m (timed final)	
11:15						800m (timed final)
11:30						
11:35						
11:40	high jump					
11:45						
11:50		break	shot put	triple jump		discus
11:55					long jump	
12:10	400m (heats - final)					
12:15		400m (heats - final)				
12:20			400m (heats - final)			
12:25				400m (heats - final)		
12:30					400m (heats - final)	
12:35	break	shot put	triple jump	long jump	discus	400m (final)
12:40						high jump
12:50	100m (final)					
12:55		100m (final)				
1:00			100m (final)			
1:05				100m (final)		
1:10					100m (final)	
1:15						100m (final)
1:20	shot put	break	long jump	discus		break
1:25						
1:30	1500m		1500m		1500m	
1:35		1500m		1500m	high jump	1500m
1:40	200m (timed final)					
1:45		200m (timed final)				
1:50			200m (timed final)			
1:55				200m (timed final)		
2:00					200m (timed final)	
2:05						200m (timed final)
2:20	4x100m relay					
2:25		4x100m relay				
2:30			4x100m relay			
2:35				4x100m relay		
2:40					4x100m relay	
2:45						4x100m relay