

Dear Parents:

“The Board of Trustees of Lethbridge School District No. 51 authorizes and supports the teaching of units on human sexuality.” In accordance with this policy, Grade 6, 7 and 8 Human Sexuality classes will start during the last week of May and the first week of June. Instruction will be given during physical education classes and all teachers have been trained in human sexuality instruction.

The objectives for the lessons at each grade level are outlined below:

Grade 6:

Students will:

- Identify and describe the changes we go through during puberty and the importance of personal hygiene.
- Identify and describe the female and male reproductive systems.
- Examine and evaluate the risk factors associated with exposure to blood borne diseases.

Grade 7:

Students will:

- Examine the human reproductive process and recognize misunderstandings associated with sexual development.
- Identify the effects of social influences on sexuality and gender roles and equity.
- Examine the influences on personal decision-making for sexual behavior.
- Examine abstinence and decisions to postpone sexual activity as healthy choices.

Grade 8:

Students will:

- Recognize and accept that individuals experience different rates of physical, emotional, sexual and social development.
- Determine the signs, methods and consequences of various types of abuse.
- Identify and describe the responsibilities and consequences associated with involvement in a sexual relationship.
- Describe symptoms, effects, treatments and prevention of commonly sexually transmitted diseases.
- Identify and describe basic types of contraceptives.

Thank-You,

G.S. Lakie Physical Education Team