



GRADE 6

OPTION COURSES

2018 - 2019

Congratulations!! You are about to be the new grade 6 students at G.S. Lakie Middle School. We know you are excited and probably a bit nervous, but don't worry—the staff at Lakie will help you every step of the way.

We are very proud of our option program and it is definitely one of the highlights you will experience at our school. There are many different courses you can choose from as outlined in your handbook. Don't be afraid to try something new. You can look forward to learning new things, making new friends and facing new challenges in life.

Remember to ask questions and keep smiling. Your time at G.S. Lakie is sure to be memorable, and we are looking forward to working with you.

Have a terrific summer! See you in September!

G.S. Lakie: 327-3465
Fax: 327-3450
E-mail: gslakie@lethsd.ab.ca Website: gsl.lethsd.ab.ca

Registration Information

WELCOME TO G.S. LAKIE MIDDLE SCHOOL!!!! This booklet contains information about the Option Courses which are offered at G.S. Lakie. At our school, students rotate through seven full class periods a day. The “Core Classes” – Mathematics, Science, Social Studies, Language Arts and Physical Education – fill five of the class periods with the remaining two periods being “Option Courses.” The school year is divided into three report periods and in each report period students rotate into two “new” options. Grade six students at G.S. Lakie have an opportunity to experience **SIX** option courses.

G.S. Lakie offers a broad selection of options and we are very proud of the fact that our teachers are well-qualified to teach such a wide range of subjects. We hope that your children have a wide exposure to all different kinds of programs in their three years here at Lakie.

PLEASE NOTE: Depending on student numbers and the students’ option course choices, new courses may be created or courses could be cancelled.

Option Courses

It is important to remember that **BAND** and **DANCE (some classes)** run more than one report period. **BAND** is scheduled for **three report** periods; some **DANCE** classes are scheduled for **two report periods**.

Art 6



EVERYONE can draw and create art! If you think you can only draw a stick man, take this class, and you will amaze yourself at what you can do as an artist! Art is about making people feel, see or think differently, not just about technique or skill. This Art 6 class will have a variety of art projects that ensure success and increase creativity. By the end of the term, everyone will not only feel like an artist, but be one! Some projects for Art 6 will be showcased in a variety of ways, which may include, but are not limited to: around the school, in art shows, in the community, and in the school musical. This will be a fun and creative class in which everyone can be successful.

Art 6: Digital Art

Digital Art 6 offers students a chance to develop their technology skills, while experiencing components of the grade 6 Art curriculum in a digital environment. The aim of the course is to expose students to digital image manipulation, digital drawing and online image/art tools. Students will investigate career connections and create a digital portfolio to showcase final projects.



CTF 6: Food Preparation and Healthy Choices

Lakie's Foods program is offered to students in grades 6, 7 and 8. In this class students are encouraged to make healthy food choices and are taught to use basic tools in the kitchen. They will learn uses for small electrical appliances as well as the stove and oven. Students in this class will be encouraged to make decisions about which foods they cook in class, based on their nutritional needs, as well as food restrictions that may be present within their group. Students are encouraged to try items that they make but are not required to eat anything that they don't wish to eat. Students will be offered opportunities to share their new skills and knowledge with their families as well as bring favorite family recipes and/or visiting 'chefs' into the classroom to share their heritage or traditions from home. As they move up through the grade levels, students are encouraged to create and tackle recipes and projects that are more challenging and in alignment with the new CTF curriculum. Learn more about the new [CTF curriculum here](#). There is no pre-requisite for this class at any grade; all levels of experience are welcome.



CTF 6: Innovative Design

Lakie's integrated CTF program is an opportunity to have two teachers providing expertise in a variety of areas. Students will have challenges to complete throughout the term which will help them learn the design process and put it into practice. The class is run on the premise that much of the work students will be doing will involve groups and communicating their ideas and solutions to problems. They will have opportunities to do this many times throughout the term.

In grade 6 students focus on learning about the design process and planning. Projects they complete may include using machines and tools from the computer lab, sewing room, and shop. Students are expected to be able to work well with others, be able to voice their ideas and collaborate with classmates. Last year we were able to offer this class to grade 7 and 8 students and had tremendous success. Adding the grade 6's into the program will give them an opportunity to be a unique part of the school and see results of their efforts almost immediately. This class was developed with the new CTF curriculum in mind. Learn more about the new [CTF curriculum here](#).



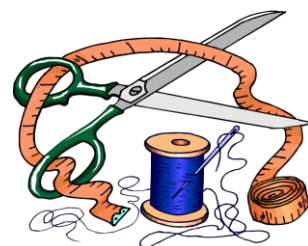
CTF 6: Modern Shop & Maker Space

Lakie has an amazing program that allows all students from grades 6, 7 and 8 to get some "hands on" experience working in a shop. Our facility features not only woodworking, but metal fabrication and technology as well. The shop has all of the tools and machines that one would find in an industrial setting as well as including some exciting technology such as a 3D printer, CNC machine and computers/video equipment for designing projects and documenting learning. Shop is offered as an option course that students volunteer to take. All students who take shop start the term by passing a series of safety courses and quizzes before they are allowed to use the different power tools. In grade six, the construction projects are more prescribed as the students learn how the tools are used, and build their foundational skills. As they move up through the grade levels, students are encouraged to create and tackle projects that are more challenging and in alignment with the new CTF curriculum. Learn more about the new [CTF curriculum here](#).



CTF 6: Sewing and Fabric Manipulation

Lakie's Sewing program is adding some new exciting elements. In this class students in grade 6, 7 and 8 are able to learn new skills, develop existing skills and integrate them with other interests. The sewing lab has what is needed to make everything from pillows to quilts to clothes and stuffies to designing your own appliques and logos for your project. Students in this class will have instruction on how to use all the various tools and machines in the class – sewing machines, irons, cutting boards, and patterns. Once projects for the term are determined, students will receive instruction on other machines such as sergers, embroidery machines, specialized cutting machines and the computer technology to help them complete their projects. In grade 6, the sewing projects are more prescribed as the students learn how the tools are used, and build their foundational skills. As they move up through the grade levels, students are encouraged to create and tackle projects that are more challenging and in alignment with the new CTF curriculum. Learn more about the new [CTF curriculum here](#). There is no pre-requisite for this class at any grade; all levels of experience are welcome. Students will provide their own material for most projects and there is a \$5 fee attached to the class. Please contact us if this will be a problem and we will help you solve it.



Dance 6: Beginner Hip-Hop

During this curricular-based class students will have the opportunity to master new dance skills and original choreography. Participation in this class will improve muscle strength, balance, coordination, flexibility, core stability and cardiovascular fitness. This course incorporates various dance styles such as hip-hop, break dancing, house, tutting, waving, gliding, crumping, pop 'n locking and stomp. During our student choreography unit dancers will have the opportunity to create their very own routine! This will challenge students to be creative and cooperative! Through dance, students will gain spatial awareness, self-awareness, self-confidence, musicality and develop a greater appreciation for the arts. If you want to have a blast moving to the music you love then come join Mrs. Legge in Beginner Hip-Hop class!

Please note a pair of indoor runners will be needed for this class (preferably with white soles).



Dance 6: Hip-Hop Performance (2 terms)

During this class students will have the opportunity to master new dance skills and original choreography. This class is suitable for all levels from **BEGINNER** to advanced and it runs for **two terms**. Please note students enrolled in this class will have the opportunity to perform in a culminating production that will be viewed by thousands of audience members. You will feel like a star performing onstage with stylish costumes and cool lighting effects. This course incorporates various dance styles such as hip-hop, break dancing, house, animation, tutting, waving, gliding, crumping, popping, locking and stomp.

In this class you will also get to participate in our **student choreography** unit. During this unit you will select your favorite music, choreograph a dance routine, design lighting and choose your favorite performance outfit! Our student choreography unit challenges students to be creative, innovative and cooperative!

Through dance, students will gain spatial awareness, self-awareness, self-confidence, musicality and develop a greater appreciation for the arts. Participation in dance will improve muscle strength, balance, coordination, flexibility, core stability and cardiovascular fitness.

If you want to have a blast moving to the music you love then come join Mrs. Legge in her Dance Hip-Hop performance class! Please note this option runs for two terms. A pair of indoor runners will be needed for this class. There is a **\$30 production fee** for this course.



Dance 6: Dance Fusion Performance (2 terms)



During this class students will have the opportunity to master new dance skills and original choreography. This class is suitable for all levels from **BEGINNER** to advanced and it runs for **two terms**. Please note students enrolled in this class will have the opportunity to perform in a culminating production that will be viewed by thousands of audience members. You will feel like a star performing onstage with stylish costumes and cool lighting effects. This course incorporates various dance styles such as Hip-hop, Jazz, Tap, Modern, Bollywood, Broadway, Ballet, Latin, African and Caribbean.

In this class you will also get to participate in our **student choreography** unit. During this unit you will select your favorite music, choreograph a dance routine, design lighting and choose your favorite performance outfit! Our student choreography unit challenges students to be creative, innovative and cooperative!

Through dance, students will gain spatial awareness, self-awareness, self-confidence, musicality and develop a greater appreciation for the arts. Participation in dance will improve muscle strength, balance, coordination, flexibility, core stability and cardiovascular fitness.

If you want to have a blast moving to the music you love then come join Mrs. Legge in her Dance Fusion performance class! Please note this option runs for two terms. A pair of indoor runners will be needed for this class. There is a **\$30 production fee** for this course.

Drama 6

Express yourself! The goal of drama 6 is to encourage a positive self-concept that explores life and situations by taking on the roles of others. Drama students will experiment with dramatic play, movement, speech, and theatre study in a variety of forms. Drama 6 encourages you to work with other people in the school, communicate within small and large groups, as well as work together as a class. If you want to get to know more people in your school, play games, improvise scenes, and perform sketches for an audience, then DRAMA 6 is the place to be! Be prepared to have fun, work hard, and showcase your talent.



Drama 6: Performance Drama

Are you interested in being part of the large school musical? Are you wanting to try something new with others from your new middle school? Then Performance Drama is the place to be! In this class we will learn songs, choreography, and scenes from this year's musical. You **WILL BE** the chorus for this show! Congratulations! Don't worry if you've never sung before, acted before, or done any theatre before; this is what we will learn about and experience together in this class! **NO EXPERIENCE NECESSARY!**

- Students must be available after school for dress rehearsals and performances **February 25-March 9** (specific dates to be announced)
- This class is only offered in term 2.
- There is a **\$30 production extracurricular fee** associated with this class (costumes and show shirts included in this fee)

Note: This class is for group ensemble numbers. Students are still encouraged to audition for more principal roles in September, and can still take this class if they are awarded a different role.

Music 6: Band



Do you love music and trying new musical instruments? Then grade 6 Band is the option for you to explore music. Band 6 is a *performance* option. All students currently in grade 5 are invited to join our band where they will learn to play and perform on one of the following instruments: flute, oboe, clarinet, saxophone, trumpet, French horn, trombone, baritone, tuba or bass guitar. **All students** will learn some drum set and percussion. Band 6 occurs during all 3 terms. Performance highlights of the year include a beginner clinic and concert in October, *Christmas concert*, and most importantly, the grade 6 band will be travelling to *Red Deer to participate in the Alberta Band Association festival of bands in May*. After developing skills for a year, band students in grade 7 & 8 have additional opportunities to perform in extended tours of Southern Alberta. **Parent's Note:** Students are required to provide their own instrument for band, with the exception of the French horn, baritone and tuba which are rented from the school. Instrument choices will be made in June. **Do not make arrangements for a rental instrument until a recommendation has been obtained from the band teacher.** If the family already owns an instrument, the student may use it; otherwise, an instrument may be obtained from one of the local suppliers of rental instruments.

Music 6: Choral

Do you find yourself singing along with the radio or scouring YouTube for new music? Are you a karaoke master? Do you eat, sleep and breathe music or even just enjoy singing in the shower? Well..... Choral 6 is the class for you. We will be teaching the correct way to use your voice and get you singing like a superstar. The curricular program is designed for all students regardless of self-perceived musical ability, background or experience. Simply put: come out to enjoy singing and learning more about expressing music! We will sing all kinds of music....from BACH to Rock! Scheduled concert activities include a Christmas concert, Singing for our Soup concert, and the Spring concert.



Music 6: Guitar

This class is an “intro” to playing the guitar. Students will start by learning the parts of the instrument and the different types of guitars. Reading music notation on the guitar will be covered leading into basic chords, songs, and proper playing technique. Students will learn to play many styles including rock, blues, and classical. The class will also perform for assemblies and special events. These performances will be in a guitar ensemble and rock band setting. Beginner players will leave playing well, and intermediate players will acquire advanced techniques.

Outdoor Education 6

Intro to the Outdoors (Intro to Wilderness Survival, Camping, Wildlife Diversity/ Conservation, and Outdoor Pursuit skills)

If you like the outdoors, and you love a challenge, then this is the option for YOU! The focus of this course will be on practical knowledge ranging from wilderness survival, core camping skills, wildlife diversity and conservation, and orienteering level 1. What if you were stranded outdoors? Or lost? What would you do? How do you set up a proper camp site? How do you find your way? Be prepared to learn everything from using a map and compass, to starting a fire and be prepared to work with others. This option will be action packed with many hands-on activities and will also involve many little challenge tasks along the way. This option does involve writing reports/assignments and small quizzes to determine knowledge retention.



NOTE: There is a **\$30 fee** attached to this course.

Spanish 6



Did you know that Spanish is a more common native language than English? In this class, students will learn to speak, read and write in Spanish as they learn about the culture, food and music of various Spanish speaking countries. No previous experience with Spanish is required. Just come and be prepared to be immersed in a new language!

Sports Enrichment 6

If you like a physical challenge and want to spend more of your day raising your heartrate, this option is a MUST! You are guaranteed to always be engaged in Sports Enrichment 6. Here is a chance to enjoy physical games that you don't always have a chance to do in Phys. Ed or community sports. There are endless activities and challenges to put your current level of fitness to the test. No matter what is being done in this class, you are sure to have fun and are guaranteed to become stronger, faster, more flexible and definitely healthier and happier! Show up with a positive attitude every day, do your best, and get great marks!



Grade 6 Option Course Selection Form

Step 1: Grade 6 students are required to take an Art/Design option at G.S. Lakie this year. Please rate the following options in order of interest with #1 representing your first choice. You will receive one of these options. You may also select MORE than one of these options in your choices in Step 3.

Art 6	_____ (1 Term)
Digital Art 6	_____ (1 Term)
CTF 6: Innovative Design	_____ (1 Term)

Step 2: Grade 6 students are required to take a Music option at G.S. Lakie this year. Please rate the following options in order of interest, with #1 representing your first choice. You will receive one of these options. You may also select MORE than one of these options in your choices in Step 3.

Band 6	_____ (3 Terms)
Choral 6	_____ (1 Term)
Guitar 6	_____ (1 Term)

Step 3: Please rate the following options you would like to take, with #1 representing your first choice. Select your choices from #1 to #9. The options listed below will run for one term, unless otherwise specified.

_____ Art 6	_____ Drama 6
_____ Art 6: Digital Art	_____ Drama Performance 6
_____ CTF 6 Food Preparation and Healthy Choices	_____ Music 6: Band (3 terms)
_____ CTF 6 Innovative Design	_____ Music 6: Choral
_____ CTF 6 Modern Shop and Maker Space	_____ Music 6: Guitar
_____ CTF 6 Sewing and Fabric Manipulation	_____ Outdoor Education 6
_____ Dance 6: Beginner Hip Hop	_____ Spanish 6
_____ Dance 6: Fusion Performance (2 terms)	_____ Sports Enrichment 6
_____ Dance 6: Hip Hop Performance (2 terms)	

Student's Name: _____

Last School Attended: _____

Parent/Guardian Signature: _____

***** Hand in this form to your Grade 5 teacher by Tuesday, May 29 *****