



<p><u>Monday Sept 25<sup>th</sup></u></p>	<p><u>Tuesday Sept 26<sup>th</sup></u></p>	<p><u>Wednesday Sept 27<sup>th</sup></u></p> <p>School ends at 2:00 p.m.</p> <p>Week 3 Fundraiser totals calculated</p>	<p><u>Thursday Sept 28<sup>th</sup></u></p>	<p><u>Friday Sept 29<sup>th</sup></u></p> <p>Pathway to Reconciliation FISH Friday (Wear Orange)</p> <p>Students are dismissed at 11:30 a.m.</p> <p>Beginner Band Clinic 12:00-2:00 p.m.</p> <p>Friday 2 Option</p>
<p><u>Monday Oct 2<sup>nd</sup></u></p> <p>Fundraiser Wrap-Up</p>	<p><u>Tuesday Oct 3<sup>rd</sup></u></p>	<p><u>Wednesday Oct 4<sup>th</sup></u></p> <p>School ends at 2:00 p.m.</p> <p>Week 3 Fundraiser totals calculated</p>	<p><u>Thursday Oct 5<sup>th</sup></u></p> <p>Gr 7 to Cornmaze</p>	<p><u>Friday Oct 6<sup>th</sup></u></p> <p>Friday 1 Option</p> <p>Screentime Presentation during FISH Friday</p> <p>Students are dismissed at 11:30 a.m.</p>

**Pathway to Reconciliation – Friday, September 29<sup>th</sup>**

On Friday, September 29<sup>th</sup>, staff and students will start FISH Friday by watching a special video with Johnny Bare Shin Bone, lead organizer of Napi’s Run, followed by taking part in a 1-kilometer walk inspired by Terry Fox and Napi’s Run to promote truth and reconciliation. We ask staff & students to please wear an orange shirt this day.

**At 10:00 a.m., all students and families are invited to join us outside the front entrance of G.S. Lakie for a very special Blackfoot Confederacy Flag Raising Ceremony.** We will be joined by Elder, Tom Little Bear, Drummers, Troy & Julius Delaney and other special guests. We look forward to seeing you there!

**Power Card Fundraiser**

This year’s annual Power Card Fundraiser kicks off on Thursday, September 7<sup>th</sup> and runs until September 28<sup>th</sup>. We wish to remind you this is our only fundraiser of the year and funds raised go towards wonderful initiatives in the building. Sales packages will go home with each student on the 7<sup>th</sup>, please watch for these. We ask for your support by setting a target of selling a minimum of three cards per family. More would obviously benefit our community but setting a target of three is both manageable and reasonable. Thanks in advance for your efforts. We will promote the fundraiser at school with some fun FISH Friday activities and many great incentives draws for students selling cards. Please feel free to call Matt Brunner if you have other questions regarding the fundraiser.

**Student Drop-Off/Parent Parking**

We welcome parents to use our drop-off loop throughout the day but ask you to be considerate of the handicap parking area. It’s marked out with signage and yellow paint. We have many families and services that require use of this space and we ask for your cooperation to keep it accessible.

### **Food Bank Support**

The Lethbridge Food Bank is in desperate need of volunteers to help deliver Mindful Munchies to schools. Mindful Munchies is the lunch program many schools operate in conjunction with the Food Bank to support students in need. Anyone interested would need to be available Monday or Wednesday mornings from 9:30 a.m. pick ups from the Lethbridge Food Bank. Please contact Emily at 403-320-1879 (ext. 4) if interested.

### **Screentime Presentation**

On October 6<sup>th</sup>, Christie Schipper will be a guest a Lakie to do a presentation on the effects of screentime (see attached poster). This will occur during our FISH Friday time.

### **Lakie School Council Apple Fundraiser**

GS lakie has partnered with Lethbridge Fresh Fruit to offer a fall fundraiser of apples. Each box is 20 pounds, and we have four different varieties Macintosh, Gala, Ambrosia and Honeycrisp. These items will be available for purchase on school cash online from September 22nd till October 2nd at midnight. The apples will be delivered to our school for pick on October 10th from 5-7pm in the staff room. The cost for Gala, Macintosh & Ambrosia is \$41.60, and the Honeycrisp are \$45.76.

### **Lakie Online Clothing Store**

We have partnered with Custom Clothing to open an online clothing store that is now active. There are many options with most items available in multiple colors. You can choose to pick your order up at the store, have it delivered to the school or have it delivered to you at home! Since all orders are custom, no refunds will be given. Go to Online Store | Custom Clothing [www.customclothingstore.ca](http://www.customclothingstore.ca) to submit your order today! The store will be open for the foreseeable future with no hard-closing date at the current time.

### **Attendance - Absences**

Daily attendance can be monitored via PowerSchool, as mentioned above. If your child is going to be away or needs to leave early, please inform the office in advance. This can be done by phone, or better yet, the Safe Arrival app. You can download this in the app store on your phone (SchoolMessenger app) or submit it on the Safe Arrival website (<https://go.schoolmessenger.com>).

### **PowerSchool & School Cash Online**

PowerSchool allows you to view updated information on your child's grades, homework and attendance. School Cash Online is an electronic payment system for all fees, etc. ***This year School Cash Online will be used for preordering lunches for your child.***

If you need assistance signing up for PowerSchool or School Cash Online, please call the office at 403-327-3465.

### **Beginner Band Clinics**

Part 1 of our Beginner Band Clinics was a success, and the grade 6 Band occurs September 29<sup>th</sup> from 12:00-2:00 p.m. This clinic features the same instructors but more advanced instruction. It is imperative that all students attend.

### **LSD Multi-Cultural & Diversity Newsletter – September**

You can find the September edition of the LSD Multi-Cultural & Diversity Newsletter [here](#).

### **Follow Us !!!**

As always, feel free to follow us on Social Media. If you want to see all of the great things that we are doing at Lakie, check us out on one of our Social Media Platforms:




# School & Community Informational Flyers

**STUDENT PRESENTATION**

## CONNECTING THE DOTS: BRAIN SCIENCE & SCREEN TIME

*Presented by: Christie Schipper  
Speech Language Pathologist (SLP)*

08:00 - 9:00 am  
6 October 2023  
GS Lakie School



Coming soon!  
BrainSafeTech Consulting

## Pathway to Reconciliation

### Blackfoot Confederacy Flag Raising Ceremony

Wear **ORANGE** on Friday, September 29th at 10:00 am to show your support. All families welcome to join.

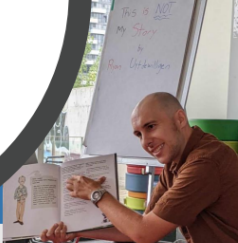



CAREER TRANSITIONS

CAREER EXPLORATION SESSION

# AUTHOR

SEPTEMBER 28, 2023  
4:00pm




An Author is a very creative career that lets your imagination soar. You can be the one who dreams up what's on TV screens or inside the pages of a book. You can write children's stories, different genres from mystery to romance, or even non-fiction!

The sky is the limit! From advertisements to news stories, podcasts to comics – everything we read or sometimes even watch and listen to starts in the mind of an author.

Join Ryan to find out more about one of the most unique careers from sniffing out opportunities to developing your own voice.

**Register now for this FREE virtual session!**

Once registered, you will receive an email with the link, plus additional information regarding the event.



Questions? Email [office@careersteps.ca](mailto:office@careersteps.ca)

CAREER TRANSITIONS

CAREER EXPLORATION SESSION

# LIFEGUARD

OCTOBER 11, 2023  
4:00pm



Lifeguarding is in high demand, with positions open not only here in Alberta, but Canada wide. With attention to detail, Lifeguards work hard to prevent incidents from happening through public education and intervention. As a Lifeguard steps on the pool deck, they encounter many individuals and a variety of situations, ranging from helping participants fit lifejackets to jumping into the water for a rescue.

Jill, from the Lethbridge YMCA, will tell you more and answer your questions.

**Register now for this FREE virtual session!**

Once registered, you will receive an email with the link, plus additional information regarding the event.



Questions? Email [office@careersteps.ca](mailto:office@careersteps.ca)



# Prairie Baseball Academy

## 14 Week Winter Camp

Nov 13th- Mar 8th (early bird pricing until Sept 30th)



### About Our Camp

The Prairie Baseball Academy is excited to once again be offering our Winter Camp to youth baseball players in the Lethbridge and surrounding areas. This will be the 13th year PBA runs their Winter Camp, and our coaching staff is striving to continue to provide the best instruction possible for your children. Every night, we will provide at least one current PBA coach and 6-8 current players in the program to provide instruction. Our goal as a coaching staff is to work on improving all necessary baseball skills while maintaining a fun and safe learning environment. Baseball in Lethbridge continues to grow year after year, and we want to make sure PBA does its part to help continue that growth. The hard work campers have put in during the winter months over the last 13 years has directly correlated to the success Lethbridge has had at the national level.

### Camp Focus

- Efficient Warm Up** → Ladder / Agility / Footwork / Speed
- SAFE Indoor Throwing Program** → Builds arm strength (Radar Gun)
- Proper Hitting Technique** → For all ages and skill levels
- Infield/Outfield Technique** → Emphasis on footwork/Glove action
- Introduction to Pitching** → Starts after winter break. Used as a complete introduction for some. More experienced campers will receive more advanced pitching instruction.
- Games** → Our staff likes to conclude most camp sessions with some sort of competitive game. These games force kids to use the skills they're learning in camp.

### Coaches

- TODD HUBKA**  
Head Coach PBA Varsity  
**RYAN MACDONALD**  
Assistant Coach PBA Varsity  
Assistant Coach Lethbridge Bulls
- RHETT FESER**  
Pitching Coach PBA  
**AIDAN GEHRING**  
JV Head Coach PBA  
**JOSH BURGEMANN**  
Pitching Coach PBA  
PC Lethbridge Bulls  
**TATE PEARCE**  
JV Assistant Coach

	Early Bird Until Sept 30th	Regular Price After Sept 30th
1 Night/Week 21 Hrs Instruction	\$420	\$498.75
2 Night/Week 42 Hrs Instruction	\$551.25	\$630
Beginner Camp 19.5 Hrs Instruction	\$236.25	\$315

### Camp Times

- Mon/Wed**  
6:00-7:30pm Ages 9-12  
7:45-9:15pm Ages 13-17
- Tues/Thurs**  
6:00-7:30pm Ages 9-12  
7:45-9:15pm Ages 13-17
- Friday**  
6:00-7:30pm Ages 5-8

All prices include GST

Please etransfer [pba@telus.net](mailto:pba@telus.net)  
Email [pba@telus.net](mailto:pba@telus.net) if you have any questions

**Cubs to Kodiaks**

**STARS Volleyball**

**LVC LETHBRIDGE VOLLEYBALL CLUB**

U9 (Grades 1-3) & U12 (Grades 4-6)

**Intro to volleyball**

**LIMITED SPOTS!**

**Starting October 7**

Register at [Lethbridgevolleyballclub.com](http://Lethbridgevolleyballclub.com)

2023

**36TH ANNUAL**

**RUN FOR**

**THE**

**PUMPKIN**

**SEPTEMBER 23, 2023**

**2K - 11 AM START**

**4K - 12 NOON START**

REGISTER LINK:





GS LAKIE HAS PARTNERD WITH  
LETHBRIDGE FRESH FRUIT

*apple Fundraiser*

4 VARIETIES  
GALA/AMBROSIA/MACINTOSH  
& HONEYCRISP

20LBS BOXES \$41.60-\$45.76

Order on school cash online until  
October 2nd at Midnight  
PICK UP : TUESDAY OCTOBER  
10TH FROM GS LAKIE STAFF  
ROOM FROM 5-7PM

Thanks for your support!!!

**DIGITAL WELLNESS**

# WELLNESS BYTES



**FALL BACK INTO GOOD DIGITAL HABITS...**

*Lethbridge School Division*

 *Create moments to disconnect to reconnect!*

# Food Order Menu

[Click here to order](#)

## Lunch Menu



### Hot Lunch (Sept. 19-27)



#### TUESDAY Sept. 19: Quesada Burritos & Tacos

*(Choice of meat or Roasted Veggies)*

Tacos (c/w 2 soft Tacos with lettuce & Cheese) \$8.00

8" Burrito (c/w rice, beans, lettuce & Cheese) \$7.25

Jr. Burrito Bowl (c/w rice, beans, corn, tomatoes, lettuce & cheese) \$8.00

#### THURSDAY Sept. 21: Boston Pizza

Personal Size Pizza (Pepperoni/Cheese/Hawaiian) with Drink \$8.00

Personal size Pizza (Pepperoni/Cheese/Hawaiian) no Drink \$6.25

Pasta (Meat Sauce/Marinara Sauce/Tomato Sauce) with Drink \$8.00

Pasta (Meat Sauce/Marinara Sauce/Tomato Sauce) no Drink \$6.25

#### MONDAY Sept. 25: Booster Juice

SMOOTHIES (355ml or 710ml) \$5.75 or \$8.00

Wraps (Various to choose from) \$5.75

Lunch Combo's (Include 355ml Smoothie and Wrap of choice) \$9.00

#### WEDNESDAY Sept. 27: Subway - choice of white or Gluten bun (\$1 extra)

*(c/w white cheddar, lettuce, pickles & mayo, choice of drink & cookie)*

Meat (Choice of Ham, Turkey, Turkey & Ham) \$8.00

Pizza (c/w pizza sauce, pepperoni, white cheddar) \$8.00

Veggie (c/w white cheddar, lettuce, tomatoes, cucumber, pickles) \$8.00