

Monday Oct 2 nd	Tuesday Oct 3 rd	Wednesday Oct 4 th	Thursday Oct 5 th	<u>Friday Oct 6th</u>
Fundraiser Wrap-Up		School ends at 2:00 p.m. Week 3 Fundraiser totals calculated	Gr 7 to Cornmaze	Friday 1 Option Screentime Presentation during FISH Friday
				Students are dismissed at 11:30 a.m.
Monday Oct 9 th	Tuesday Oct 10 th	Wednesday Oct 11 th	Thursday Oct 12 th	Friday Oct 13 th
Thanksgiving NO SCHOOL		School ends at 2:00 p.m.	Parent Council 6:30 p.m.	Friday 2 Option
No School				Students are dismissed at 11:30 a.m.

Screentime Presentation

On October 6th, Christie Schipper will be a guest a Lakie to do a presentation on the effects of screentime (see attached poster). This will occur during our FISH Friday time.

Lakie Online Clothing Store

We have partnered with Custom Clothing to open an online clothing store that is now active. There are many options with most items available in multiple colors. You can choose to pick your order up at the store, have it delivered to the school or have it delivered to you at home! Since all orders are custom, no refunds will be given. Go to Online Store | Custom Clothing www.customclothingstore.ca to submit your order today! The store will be open for the foreseeable future with no hard-closing date at the current time.

Lakie Parent Council Apples Fundraiser

Our Parent Council is graciously running an apple sales fundraiser between now and October 2nd. All sales are to be completed on SchoolCashOnline by searching "Apples Fall Fundraiser". Thanks in advance for your support of this yummy fundraiser!

Longboarding Swag

Longboarding Season 3 Swag is available on school cash online until October 20th. This year's special pink edition is inspired by "Year of the Barbie". Swag is available for **ALL STUDENTS**, even if they do not come out for the club. A portion of the cost of the swag will go towards purchasing boards, gloves, and helmets for the club so that students new to the sport or students who might not be able to afford gear are able to participate. Rebel's swag are limited edition designs and will not be issued in future seasons. If you want this year's "Peace Is The Mission" in black or Barbie pink, it will only be available for purchase until October 20th. As such, we hope all families can support the Rebels club by wearing our gear out and about in the community.



Food Bank Support

The Lethbridge Food Bank is in desperate need of volunteers to help deliver Mindful Munchies to schools. Mindful Munchies is the lunch program many schools operate in conjunction with the Food Bank to support students in need. Anyone interested would need to be available Monday or Wednesday mornings from 9:30 a.m. pick ups from the Lethbridge Food Bank. Please contact Emily at 403-320-1879 (ext. 4) if interested.

Lakie School Council Apple Fundraiser

GS lakie has partnered with Lethbridge Fresh Fruit to offer a fall fundraiser of apples. Each box is 20 pounds, and we have four different varieties Macintosh, Gala, Ambrosia and Honeycrisp. These items will be available for purchase on school cash online from September 22nd till October 2nd at midnight. The apples will be delivered to our school for pick on October 10th from 5-7pm in the staff room. The cost for Gala, Macintosh & Ambrosia is \$41.60, and the Honeycrisp are \$45.76.

Attendance - Absences

Daily attendance can be monitored via PowerSchool, as mentioned above. If your child is going to be away or needs to leave early, please inform the office in advance. This can be done by phone, or better yet, the Safe Arrival app. You can download this in the app store on your phone (SchoolMessenger app) or submit it on the Safe Arrival website (https://go.schoolmessenger.com).

PowerSchool & School Cash Online

PowerSchool allows you to view updated information on your child's grades, homework and attendance. School Cash Online is an electronic payment system for all fees, etc. This year School Cash Online will be used for preordering lunches for your child.

If you need assistance signing up for PowerSchool or School Cash Online, please call the office at 403-327-3465.

LSD Multi-Cultural & Diversity Newsletter - September

You can find the September edition of the LSD Multi-Cultural & Diversity Newsletter here.

Follow Us !!!

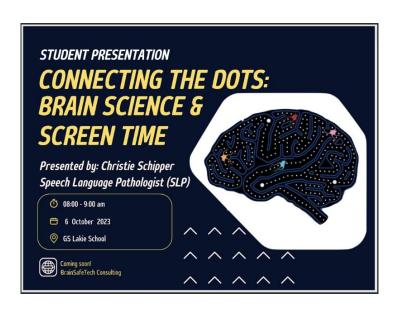
As always, feel free to follow us on Social Media. If you want to see all of the great things that we are doing at Lakie, check us out on one of our Social Media Platforms:



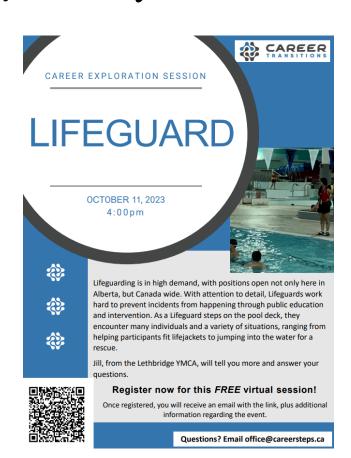




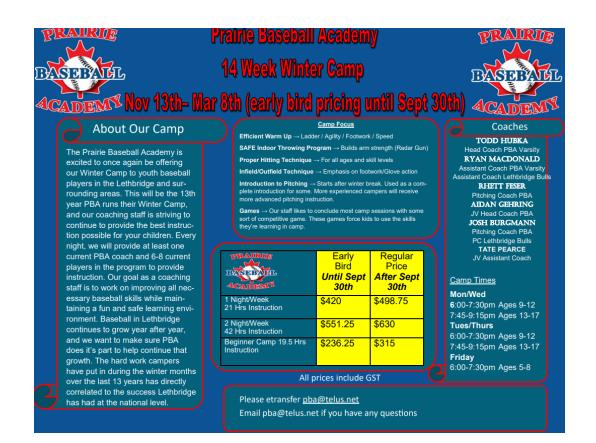
School & Community Informational Flyers





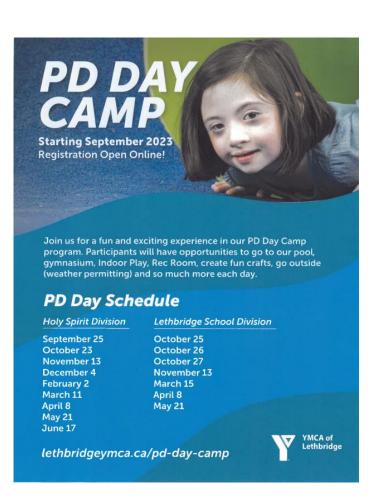


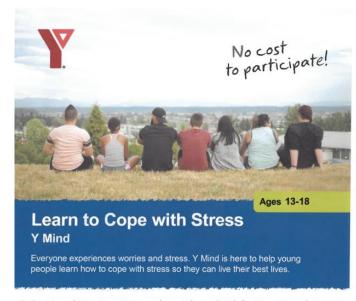












2 Options! Starting November 4th and 7th | 7 Sessions | Free!

Drop-In Information and Registration Sessions at the YMCA:

Saturday September 23rd at 1:30 pm Friday September 29th at 2:00 pm

This free program is run by caring, trained staff, in a safe supportive environment at the Cor Van Raay YMCA

For more information or to Register please contact YMCA Mental Health Advisor

Megan Fester megan.fester@lethbridgeymca.ca Cheri Carson cheri.carson@lethbridgeymca.ca



YOUTH SPORT PROGRAMS



The Cor Van Raay YMCA of Lethbridge offers a variety of youth programming. All skills and abilities are welcome. Skills taught will vary between age groups.



This program teaches foundational sport specific basketball skills and strategies. Taught in a fun and dynamic environment, this program focuses on personal development and teamwork, while having fun and learning new skills.



Explore the foundational skills of badminton and develop a love for this fast-moving game. Each session will start with a sport specific warm-up, then move into a skills session and wind things up with non competitive games to apply your new skills.



Get your kicks learning indoor soccer. Participants will learn a variety of soccer skills including running, kicking, dribbling, and even passing/receiving through practice and game play.



Participants will explore the basic skills and game strategy of volleyball. Each week our coaches will guide participants through a warm up and skills session, then end with a recreation, noncompetitive game where players can put their skills to the test.



This multisport program will develop your child's competence and confidence by introducing them to a variety of sport activities including badminton, basketball, volleyball and more!

To learn more, check out lethbridgeymca.ca/programs



Food Order Menu

Click here to order

Lunch Menu



Hot Lunch



(Oct. 3-11)

TUESDAY Sept. 19: Quesada Burritos & Tacos

(Choice of meat or Roasted Veggies)

Tacos (c/w 2 soft Tacos with lettuce & Cheese) \$8.00 8"Burrito (c/w rice, beans, lettuce & Cheese) \$7.25 Jr. Burrito Bowl (c/w rice, beans, corn, tomatoes, lettuce & cheese) \$8.00

THURSDAY Sept. 21: Boston Pizza

Personal Size Pizza (Pepperoni/Cheese/Hawaiian) with Drink \$8.00 Personal size Pizza (Pepperoni/Cheese/Hawaiian) no Drink \$6.25 Pasta (Meat Sauce/Marinara Sauce/Tomato Sauce) with Drink \$8.00 Pasta (Meat Sauce/Marinara Sauce/Tomato Sauce) no Drink \$6.25

MONDAY Sept. 25: Booster Juice

SMOOTHIES (355ml or 710ml) \$5.75 or \$8.00 Wraps (Various to choose from) \$5.75

Lunch Combo's (Include 355ml Smoothie and Wrap of choice) \$9.00

WEDNESDAY Sept. 27: Subway - choice of white or Gluten bun (\$1 extra) (c/w white cheddar, lettuce, pickles & mayo, choice of drink & cookie)

Meat (Choice of Ham, Turkey, Turkey & Ham) \$8.00

Pizza (c/w pizza sauce, pepperoni, white cheddar) \$8.00 Veggie (c/w white cheddar, lettuce, tomatoes, cucumber, pickles) \$8.00