



<p><b><u>Monday Oct 9<sup>th</sup></u></b></p> <p><b>Thanksgiving</b></p> <p><b>NO SCHOOL</b></p>	<p><b><u>Tuesday Oct 10<sup>th</sup></u></b></p> <p><b>School Council Apples Fundraiser – Delivery to School</b></p>	<p><b><u>Wednesday Oct 11<sup>th</sup></u></b></p> <p><b>School ends at 2:00 p.m.</b></p>	<p><b><u>Thursday Oct 12<sup>th</sup></u></b></p> <p><b>Parent Council 6:30 p.m.</b></p>	<p><b><u>Friday Oct 13<sup>th</sup></u></b></p> <p><b>Friday 2 Option</b></p> <p><b>Students are dismissed at 11:30 a.m.</b></p>
<p><b><u>Monday Oct 16<sup>th</sup></u></b></p>	<p><b><u>Tuesday Oct 17<sup>th</sup></u></b></p>	<p><b><u>Wednesday Oct 18<sup>th</sup></u></b></p> <p><b>School ends at 2:00 p.m.</b></p>	<p><b><u>Thursday Oct 19<sup>th</sup></u></b></p> <p><b>Middle School Indigenous Bingo @ WMS 6:00 p.m.</b></p>	<p><b><u>Friday Oct 20<sup>th</sup></u></b></p> <p><b>Friday 1 Option</b></p> <p><b>Students are dismissed at 11:30 a.m.</b></p>

**PowerCard Fundraiser Thank You!!**

The 2023/24 GS Lakie Powercard fundraiser was a huge success! Our students sold almost 300 more cards than last year! The new equipment for the fitness center has been ordered and will hopefully be here for students to use as soon as possible. On behalf of all our staff, I want to thank all families and students for all of their fundraising efforts this year. The money we raise goes directly to helping improve student learning experiences and we appreciate all of the contributions. With the amazing support of our GS Lakie community, we will continue to find ways to engage our students. THANK YOU!

**Lakie Online Clothing Store**

We have partnered with Custom Clothing to open an online clothing store that is now active. There are many options with most items available in multiple colors. You can choose to pick your order up at the store, have it delivered to the school or have it delivered to you at home! Since all orders are custom, no refunds will be given. Go to Online Store | Custom Clothing [www.customclothingstore.ca](http://www.customclothingstore.ca) to submit your order today! The store will be open for the foreseeable future with no hard-closing date at the current time.

**Lakie Parent Council Apples Fundraiser**

This fundraiser finished October 2<sup>nd</sup> with all apples being delivered to the school Tuesday, October 10<sup>th</sup>. We asked those that ordered apples to please come pick up at the school between 5:00-7:00 p.m. that day. Thank you for supporting this initiative!

**School Council Reminder**

A reminder that School Council is open to any parents/guardians of Lakie students. Our next meeting will be held Thursday, October 12<sup>th</sup> at 6:30 p.m. in our Learning Commons.

### **Social Studies Community Engagement**

Alberta Education has provided some resources for parents to engage in the re-draft process of the K-6 Social Studies Curriculum. The deadline for parent feedback is October 16<sup>th</sup>. Links for community members to do this are below.

- Discussion Guide for parent conversations:
  - [Discussion guide for community conversations \(alberta.ca\)](#)
- Curriculum Engagement PowerPoint:
  - [Toolkit4-Discussion Guide Presentation \(alberta.ca\)](#)
- Parent Survey:
  - [Survey \(gov.ab.ca\)](#)

### **Middle School Indigenous Family Bingo**

Lethbridge School Division's Indigenous Education Department is once again hosting a family bingo for all Indigenous middle school families. This will be held on October 19<sup>th</sup> at 5:30 p.m. at Wilson Middle School. There will be lots of great prizes there as well as much fun to be had!

### **Social Media Issues**

There have been some social media accounts brought to the attention of our school that are using G.S. Lakie's logo and name when they are not associated with us at all. We strongly discourage the use of our name or logo with student run accounts. These accounts are considered spam accounts and often have inappropriate content using pictures of students without their consent. We encourage families to be vigilant and aware of what your child is doing online. If you come across accounts described above, please have your child delete them. Thanks for your cooperation in this manner.

### **Longboarding Swag**

Longboarding Season 3 Swag is available on school cash online until October 20<sup>th</sup>. This year's special pink edition is inspired by "Year of the Barbie". Swag is available for **ALL STUDENTS**, even if they do not come out for the club. A portion of the cost of the swag will go towards purchasing boards, gloves, and helmets for the club so that students new to the sport or students who might not be able to afford gear are able to participate. Rebel's swag are limited edition designs and will not be issued in future seasons. If you want this year's "Peace Is The Mission" in black or Barbie pink, it will only be available for purchase until October 20<sup>th</sup>. As such, we hope all families can support the Rebels club by wearing our gear out and about in the community.

### **Food Bank Support**

The Lethbridge Food Bank is in desperate need of volunteers to help deliver Mindful Munchies to schools. Mindful Munchies is the lunch program many schools operate in conjunction with the Food Bank to support students in need. Anyone interested would need to be available Monday or Wednesday mornings from 9:30 a.m. pick ups from the Lethbridge Food Bank. Please contact Emily at 403-320-1879 (ext. 4) if interested.

### **Attendance - Absences**

Daily attendance can be monitored via PowerSchool, as mentioned above. If your child is going to be away or needs to leave early, please inform the office in advance. This can be done by phone, or better yet, the Safe Arrival app. You can download this in the app store on your phone (SchoolMessenger app) or submit it on the Safe Arrival website (<https://go.schoolmessenger.com>).

### **Division Indigenous Education Newsletter – October**

You can find the October edition of the LSD Indigenous Education Newsletter [here](#).

### **LSD Multi-Cultural & Diversity Newsletter – October**


You can find the October edition of the LSD Multi-Cultural & Diversity Newsletter [here](#).

### **Follow Us !!!**

As always, feel free to follow us on Social Media. If you want to see all of the great things that we are doing at Lakie, check us out on one of our Social Media Platforms:

# School & Community Informational Flyers

**STUDENT PRESENTATION**  
**CONNECTING THE DOTS:  
 BRAIN SCIENCE &  
 SCREEN TIME**




Presented by: *Christie Schipper*  
 Speech Language Pathologist (SLP)

🕒 08:00 - 9:00 am  
 📅 6 October 2023  
 📍 GS Lakie School

Coming soon!  
 BrainSafeTech Consulting

**INDIGENOUS FAMILY**  
**BINGO NIGHT**  
**MIDDLE SCHOOL**




The Lethbridge School Division Indigenous Education Team invites all staff and Indigenous families from Wilson Middle School, C.S. Lakie, Senator Joyce Fairbairn, Immanuel Christian Secondary, Lethbridge Christian School, & Gilbert Paterson!

**When:**  
 October 19th

**Where:**  
 Wilson Middle School

**Time:**  
 5:30 pm

Join us for a night of BINGO, prizes, food, & fun! Geh!



GS LAKIE HAS PARTNERED WITH  
 LETHBRIDGE FRESH FRUIT

*apple Fundraiser*

4 VARIETIES  
 GALA/AMBROSIA/MACINTOSH  
 & HONEYCRISP

20LBS BOXES \$41.50-\$45.75

Order on school cash online until  
 October 2nd at Midnight

PICK UP : TUESDAY OCTOBER  
 10TH FROM GS LAKIE STAFF  
 ROOM FROM 5-7PM

Thanks for your support!!!



**BOO BASH**  
**IS COMING!!**

Candy  
 Games and Prizes

Free Admission!

**Saturday, Oct 28**  
**10 am - 3 pm**  
**COR VAN RAA YMCA**  
 West side

Boo!



# Authenticity: No Tricks, No Treats



**OCTOBER: WELLNESS BYTE**

LETHBRIDGE SCHOOL DIVISION  
DIGITAL WELLNESS TEAM



2024 School Badminton Season Coming soon!  
LBC still has limited spaces available in all levels

Go to  
[lethbridgebadmintonclub.ca](http://lethbridgebadmintonclub.ca)  
or email  
[lethbadclub@gmail.com](mailto:lethbadclub@gmail.com)

for more information!

## Pow Wow Club

Dancing, Drumming, Singing  
and more!

**Every Tuesday**

**Ages 10-18**

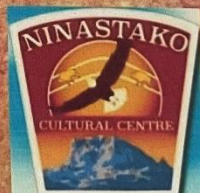
**6:00-8:00pm**

**YMCA Lethbridge**

**[sweetgrassya@gmail.com](mailto:sweetgrassya@gmail.com)**



Sweetgrass  
Youth Alliance



## Rebels Season 3 Year of the Barbie



School Cash Online  
Until  
October 20th

**AVAILABLE FOR ALL  
STUDENTS!**



# PD DAY CAMP

Starting September 2023  
Registration Open Online!



Join us for a fun and exciting experience in our PD Day Camp program. Participants will have opportunities to go to our pool, gymnasium, Indoor Play, Rec Room, create fun crafts, go outside (weather permitting) and so much more each day.

## PD Day Schedule

### Holy Spirit Division

September 25  
October 23  
November 13  
December 4  
February 2  
March 11  
April 8  
May 21  
June 17

### Lethbridge School Division

October 25  
October 26  
October 27  
November 13  
March 15  
April 8  
May 21

[lethbridgeymca.ca/pd-day-camp](http://lethbridgeymca.ca/pd-day-camp)



No cost  
to participate!



Ages 13-18

## Learn to Cope with Stress Y Mind

Everyone experiences worries and stress. Y Mind is here to help young people learn how to cope with stress so they can live their best lives.

2 Options! Starting November 4th and 7th | 7 Sessions | Free!

Drop-In Information and Registration Sessions at the YMCA:

Saturday September 23rd at 1:30 pm

Friday September 29th at 2:00 pm

This free program is run by caring, trained staff,  
in a safe supportive environment  
at the Cor Van Raay YMCA

For more information or to Register

please contact YMCA Mental Health Advisor

Megan Fester [megan.fester@lethbridgeymca.ca](mailto:megan.fester@lethbridgeymca.ca)

Cheri Carson [cheri.carson@lethbridgeymca.ca](mailto:cheri.carson@lethbridgeymca.ca)



## YOUTH SPORT PROGRAMS



The Cor Van Raay YMCA of Lethbridge offers a variety of youth programming. All skills and abilities are welcome. Skills taught will vary between age groups.



### Basketball

This program teaches foundational sport specific basketball skills and strategies. Taught in a fun and dynamic environment, this program focuses on personal development and teamwork, while having fun and learning new skills.



### Badminton

Explore the foundational skills of badminton and develop a love for this fast-moving game. Each session will start with a sport specific warm-up, then move into a skills session and wind things up with non competitive games to apply your new skills.



### Indoor Soccer

Get your kicks learning indoor soccer. Participants will learn a variety of soccer skills including running, kicking, dribbling, and even passing/receiving through practice and game play.



### Volleyball

Participants will explore the basic skills and game strategy of volleyball. Each week our coaches will guide participants through a warm up and skills session, then end with a recreation, non-competitive game where players can put their skills to the test.



### Multi-Sport

This multisport program will develop your child's competence and confidence by introducing them to a variety of sport activities including badminton, basketball, volleyball and more!

To learn more, check out [lethbridgeymca.ca/programs](http://lethbridgeymca.ca/programs)

# Free Tutor Program

Would you like help in your school studies? The YMCA of Lethbridge is hosting a FREE tutor program for all subjects open to both high school and middle school students. The program will be held in the Upper Galleria at the Cor Van Raay YMCA. **STARTING OCTOBER 2**

Our tutor programs will be running Monday-Thursday from 3:30pm-6:00pm.

For any questions, reach out to Arnaud at:  
[arnaud.sparks@lethbridgeymca.ca](mailto:arnaud.sparks@lethbridgeymca.ca)



# Food Order Menu

[Click here to order](#)

## Lunch Menu



### Hot Lunch



*(Oct. 3-11)*

**TUESDAY Sept. 19: Quesada Burritos & Tacos**  
(Choice of meat or Roasted Veggies)

Tacos (c/w 2 soft Tacos with lettuce & Cheese) \$8.00

8" Burrito (c/w rice, beans, lettuce & Cheese) \$7.25

Jr. Burrito Bowl (c/w rice, beans, corn, tomatoes, lettuce & cheese) \$8.00

**THURSDAY Sept. 21: Boston Pizza**

Personal Size Pizza (Pepperoni/Cheese/Hawaiian) with Drink \$8.00

Personal size Pizza (Pepperoni/Cheese/Hawaiian) no Drink \$6.25

Pasta (Meat Sauce/Marinara Sauce/Tomato Sauce) with Drink \$8.00

Pasta (Meat Sauce/Marinara Sauce/Tomato Sauce) no Drink \$6.25

**MONDAY Sept. 25: Booster Juice**

SMOOTHIES (355ml or 710ml) \$5.75 or \$8.00

Wraps (Various to choose from) \$5.75

Lunch Combo's (Include 355ml Smoothie and Wrap of choice) \$9.00

**WEDNESDAY Sept. 27: Subway** - choice of white or Gluten bun (\$1 extra)  
(c/w white cheddar, lettuce, pickles & mayo, choice of drink & cookie)

Meat (Choice of Ham, Turkey, Turkey & Ham) \$8.00

Pizza (c/w pizza sauce, pepperoni, white cheddar) \$8.00

Veggie (c/w white cheddar, lettuce, tomatoes, cucumber, pickles) \$8.00