



<p><u>Monday Oct 23rd</u></p> <p><i>Picture Retake Day</i></p> <p><i>Banff Trip Parent Meeting 7:00 p.m. in Learning Commons</i></p>	<p><u>Tuesday Oct 24th</u></p>	<p><u>Wednesday Oct 25th</u></p> <p><i>P/T Interview Bookings close @ 2:00 p.m.</i></p> <p><i>Middle School Assessment Day</i></p> <p><i>No School for Students</i></p>	<p><u>Thursday Oct 26th</u></p> <p><i>Professional Learning Day</i></p> <p><i>No School for Students</i></p> <p><i>Parent Teacher Interviews 12:30-8:00 p.m.</i></p>	<p><u>Friday Oct 27th</u></p> <p><i>Parent Teacher Interviews 8:00-11:30 a.m.</i></p> <p><i>Gator Classic Volleyball Tournament (Rep Teams)</i></p>
<p><u>Monday Oct 30th</u></p>	<p><u>Tuesday Oct 31st</u></p> <p><i>Halloween</i></p>	<p><u>Wednesday Nov 1st</u></p> <p><i>School ends at 2:00 p.m.</i></p>	<p><u>Thursday Nov 2nd</u></p>	<p><u>Friday Nov 3rd</u></p> <p><i>Friday 2 Option</i></p> <p><i>Students are dismissed at 11:30 a.m.</i></p>

Parent Teacher Interviews

In-person interviews will take place October 26th (12:30-8:00 p.m.) and 27th (8:00-11:30 a.m.). You will need to book your interviews in advance on our G.S. Lakie website under the “[Bookings](#)” tab. The bookings tab will open October 16th at 9:00 a.m. and close at 2:00 p.m. October 25th.

Halloween at Lakie

Students are welcome to dress up for Halloween on Tuesday, October 31st. The day will be business as usual, but students will have the opportunity to enjoy a haunted house put on by several of our teaching staff. Students will be offered the opportunity to go through the haunted house during PE time. Please review and have your child respect the following costume guidelines:

- **Participation is voluntary for students, teachers, staff, and administrators.**
- **Is my costume safe?**
 - **Will it be comfortable and practical to wear at school?**
 - **Will I be able to participate in classroom learning while wearing it?**
- **Come to school wearing your costume. Put makeup and hairspray on at home. Please don't make large messes with makeup and such in our bathrooms.**
- **Prop headwear (hats, caps & masks) may be worn. Please be unmasked when entering and exiting the school for safety reasons. Full masks cannot be worn during class instruction time.**
- **No dangerous props (knives, swords, toy guns, etc.)**
- **Shoes must be worn for safety.**
- **Costumes should be in good taste. Avoid overly gory or grotesque costumes.**
- **Please be mindful when choosing costumes that are based on culture. Costumes that perpetuate stereotypes or make fun of other cultures will not be permitted.**

Short Week for Students

A reminder for families that next week (Oct. 23-27) is an extra short week for students. The 25th is a Professional Learning Day for staff, the morning of the 26th is more PL time for staff with Parent Teacher Interviews starting at 12:30 p.m. later that day. Interviews will resume Friday the 27th. See the previous message for instructions to book interviews with your child's teachers.

Picture Retakes

These are for students that either missed picture day in September or would like to have them redone. Only students requiring them will have their pictures taken.

Gator Classic Volleyball Tournament

Our annual Gator Classic Volleyball Tournament will be held October 27 & 28th in the G.S. Lakie gymnasium. Eight boys and eight girls' teams will attend this year's tournament, making it a great draw and competitive atmosphere! The entire girls draw will take place on the Friday with the boys competing Saturday. Click [here](#) to view the tournament schedule.

Food Bank Support

The Lethbridge Food Bank is in desperate need of volunteers to help deliver Mindful Munchies to schools. Mindful Munchies is the lunch program many schools operate in conjunction with the Food Bank to support students in need. Anyone interested would need to be available Monday or Wednesday mornings from 9:30 a.m. pick ups from the Lethbridge Food Bank. Please contact Emily at 403-320-1879 (ext. 4) if interested.

Fabric Request

The sewing classes are looking for donations of small amounts - 1/2 meter to 2-meter cuts of quilting cotton and 1 meter and larger cuts of flannelette. We could also use pieces of fleece large enough to make mittens and hats. Please contact Mrs. Adamson if you have any questions. Thank you in advance for helping our program.

Lethbridge School Division Digital Wellness Parent Night – November 15th

Our Digital Wellness Team is thrilled to be welcoming parents, students, and staff to our first Digital Wellness Parent Night! Attached, you will find a flyer that we've been asked to promote this event.

The event is intended to create space and opportunity for parents to gain insight on navigating wellness and balance in the digital world. We have assembled a panel of multidisciplinary members to answer parent questions and provide educated perspectives. It will take place on Wednesday, November 15th from 7:00pm-8:00pm at the Yates Memorial Theatre in Lethbridge and is open to parents within our division and the Holy Spirit Catholic School Division, free of charge. There is an expression of interest, as well as a link to submit questions for consideration in the evening's conversations, available on our division website (linked via QR code within the flyer).

We are hopeful that parents will take the opportunity to submit questions and hear the inquiries of other parents at our event. We are eager to facilitate some discussion about digital wellness both inside of our schools, and in our students' homes.

Division Indigenous Education Newsletter – October

You can find the October edition of the LSD Indigenous Education Newsletter [here](#).

LSD Multi-Cultural & Diversity Newsletter – October

You can find the October edition of the LSD Multi-Cultural & Diversity Newsletter [here](#).

Follow Us !!!

As always, feel free to follow us on Social Media. If you want to see all of the great things that we are doing at Lakie, check us out on one of our Social Media Platforms:



School & Community Informational Flyers



Authenticity: No Tricks, No Treats

OCTOBER: WELLNESS BYTE
LETHBRIDGE SCHOOL DIVISION
DIGITAL WELLNESS TEAM

BOO BASH IS COMING!!

**Candy
Games and Prizes**

Free Admission!

**Saturday, Oct 28
10 am - 3 pm
COR VAN RAAY YMCA
West side**

Boo!



Alberta Winter Games Zone 1

Badminton Team
Selection tournament

**GRANDE
PRAIRIE
2024**

Alberta Winter Games



Date: November 19, 9:00am - until
finished

Age: Under 17, minimum age is 11

Location: Lethbridge College
For more information contact
lethbadclub@gmail.com or scan
the QR code



VOLUME 1

Digital Wellness Edition

ISSUE 1

PARENT NIGHT



QUESTION
SUBMISSION
AVAILABLE ON THE
LETHBRIDGE SCHOOL
DIVISION WEBSITE



Yates Memorial
Theatre

November 15th 2023

7:00pm-8:00pm

THE TRUTH ABOUT YOUTH: CULTIVATING DIGITAL WELLNESS

The Lethbridge School Division and Holy Spirit Catholic School Division would like to warmly welcome parents, students, and staff to an evening of insight and collaboration. A collection of panel members with multidisciplinary viewpoints will be offering perspectives about youth and digital wellness. This event is intended to deliver guidance and support for families and individuals who are navigating parenting in the digital age. The panel members will be answering questions that have been submitted by parents (using the attached QR Code), and delivering their professional insights.



HOSTED BY THE
LETHBRIDGE SCHOOL
DIVISION IN
COLLABORATION
WITH HOLY SPIRIT
CATHOLIC SCHOOL
DIVISION



FOR MORE INFORMATION ABOUT DIGITAL WELLNESS: CLICK [HERE](#)

Pow Wow Club

Dancing, Drumming, Singing
and more!

Every Tuesday

Ages 10-18

6:00-8:00pm

YMCA Lethbridge

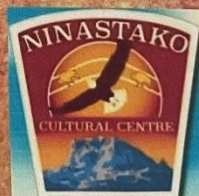
sweetgrassya@gmail.com



YMCA of
Lethbridge



Sweetgrass
Youth Alliance

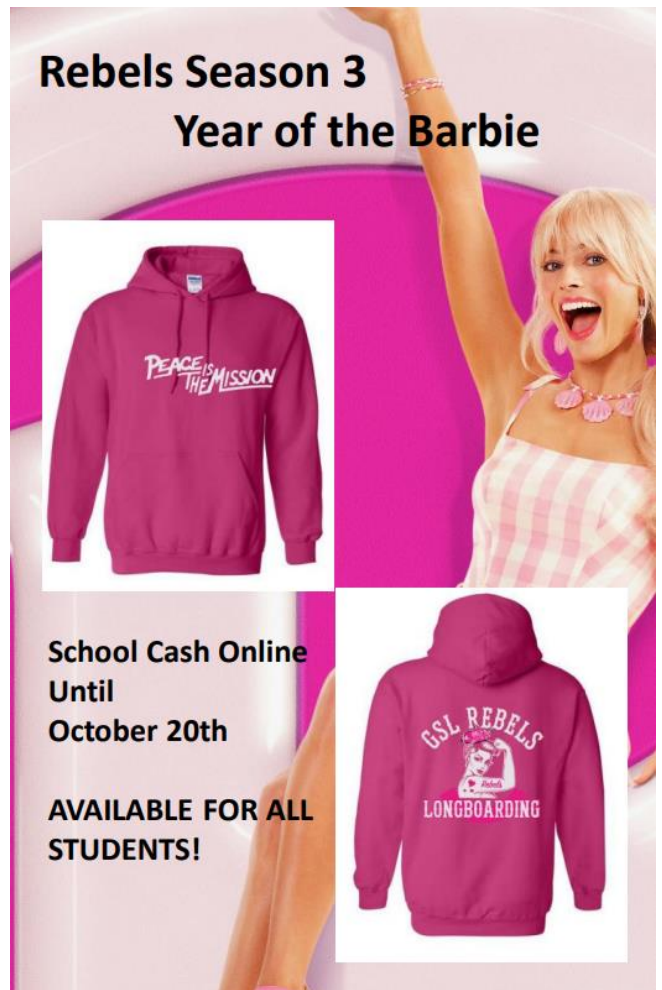


Rebels Season 3 Year of the Barbie



School Cash Online
Until
October 20th

AVAILABLE FOR ALL
STUDENTS!



PD DAY CAMP

Starting September 2023
Registration Open Online!





Join us for a fun and exciting experience in our PD Day Camp program. Participants will have opportunities to go to our pool, gymnasium, Indoor Play, Rec Room, create fun crafts, go outside (weather permitting) and so much more each day.

PD Day Schedule

Holy Spirit Division	Lethbridge School Division
September 25	October 25
October 23	October 26
November 13	October 27
December 4	November 13
February 2	March 15
March 11	April 8
April 8	May 21
May 21	
June 17	

lethbridgeymca.ca/pd-day-camp


No cost to participate!

Ages 13-18

Learn to Cope with Stress

Y Mind

Everyone experiences worries and stress. Y Mind is here to help young people learn how to cope with stress so they can live their best lives.

2 Options! Starting November 4th and 7th | 7 Sessions | Free!

Drop-In Information and Registration Sessions at the YMCA:

Saturday September 23rd at 1:30 pm

Friday September 29th at 2:00 pm

This free program is run by caring, trained staff, in a safe supportive environment at the Cor Van Raay YMCA

For more information or to Register please contact YMCA Mental Health Advisor

Megan Fester megan.fester@lethbridgeymca.ca

Cheri Carson cheri.carson@lethbridgeymca.ca




**ENTER TO WIN
A PIZZA & MOVIE PARTY
FOR YOU
AND 4 FRIENDS!**

HALLOWEEN CANDY BUY BACK

BRING YOUR LEFTOVER HALLOWEEN
CANDY TO OUR CLINIC AND WE WILL
BUY IT BACK

WE PAY YOU \$1 PER POUND

NOV 1 - 7:45 AM-5:00 PM NOV 2 - 7:45 AM-5:00 PM

**2810 FAIRWAY ST S #50,
LETHBRIDGE, AB**



Free Tutor Program

Would you like help in your school studies? The YMCA of Lethbridge is hosting a FREE tutor program for all subjects open to both high school and middle school students. The program will be held in the Upper Galleria at the Cor Van Raay YMCA. **STARTING OCTOBER 2**

Our tutor programs will be running Monday-Thursday from 3:30pm-6:00pm.

For any questions, reach out to Arnaud at: arnaud.sparks@lethbridgeymca.ca




Shine On

Food Order Menu

[Click here to order](#)

Lunch Menu



Hot Lunch

(Oct. 17-23)



TUESDAY Oct. 17: Quesada Burritos & Tacos

(Choice of meat or Roasted Veggies)

Tacos (c/w 2 soft Tacos with lettuce & Cheese) \$8.00

8" Burrito (c/w rice, beans, lettuce & Cheese) \$7.25

Jr. Burrito Bowl (c/w rice, beans, corn, tomatoes, lettuce & cheese) \$8.00

THURSDAY Oct. 19: Boston Pizza

Personal Size Pizza (Pepperoni/Cheese/Hawaiian) with Drink \$8.00

Personal size Pizza (Pepperoni/Cheese/Hawaiian) no Drink \$6.25

Pasta (Meat Sauce/Marinara Sauce/Tomato Sauce) with Drink \$8.00

Pasta (Meat Sauce/Marinara Sauce/Tomato Sauce) no Drink \$6.25

MONDAY Oct. 23: Booster Juice

SMOOTHIES (355ml or 710ml) \$5.75 or \$8.00

Wraps (Various to choose from) \$5.75

Lunch Combo's (Include 355ml Smoothie and Wrap of choice) \$9.00