# PIITAIKI'SOOM (BEE-DAY-GEE-SOOM)

### Blackfoot Value of the Month



## **Kitsikakomimm**

## Save the Date

### Feb

Kitsikakomimm & Kindness Call Outs (more information below)

## Teachers Convention be sure to check out the

### **Good Movement**

Our middle schools have been participating in Good Movement! Good Movement is a local Indigenous business owned by Tyler SWAG. Tyler and his knowledgeable team guide youth through fitness training as well as traditional games and encourage a healthy lifestyle, teamwork, and confidence. We are looking forward to our continued partnership with the Good Movement program. Click the photo below to check out the Good Movement website.

Lethbridge and Area Metis table.

### **Reconciliation in Flight**

You may remember our Reconciliation in Flight project from last year! The beautiful art piece is complete and the Honouring Traditions and Reconciliation Society would love for schools to have the chance to host this beautiful collaborative art piece. Inquire with melanie.morrow@lethsd.ab.ca for more details!





Join us at the U of L for the FREE Screening but don't forget to register!

### Test Your Knowledge

What are the four tribes of the Blackfoot Confederacy?

How do you say "Lethbridge" in Blackfoot?





Love: KitsiKaKomimm (git-si-ga-go-mimm) Hope: itotsiihtaa (e-dots-sih-da) Happy: i'taam (e-dahm) Beautiful: niitsi (nit-seew) Show Kindness: iKimm (iK-imm)





### Test Your Knowledge Answers

Kainai Siksika Piikani Amskapi Piikani

Sik ooh kotoki (black rock)

### I love you

2025

In honour of Pink Shirt Day the Lethbridge School Division Indigenous Education team and Mental Health Capacity Building team would like to invite you to take part in an act of kindness this February. Our entire community thrives when we are kind to one another. No matter how small an act, our kindness makes a difference and does not go unnoticed.

> We are asking all <u>elementary schools</u> to collect Bottled Water Non perishable food items

We are asking all <u>middle schools</u> to participate in collecting Mitts/Gloves/Toques Socks Hand and Foot Warmers

We are asking all <u>high schools</u> to participate in collecting Personal hygiene products feminine hygiene, deodorant, wipes, toothbrushes, toothpaste, etc.)

All donations will be collected and distributed to community agencies around Lethbridge that work with and support people in our community.

Collection ends February 26th, 2025

### Collection Info:

Each school will be provided with a basket for donations. Once full please reach out to someone from the Indigenous Education to arrange pick up.

> Thank you for your kind donations, Kitsikakomimm

