

G.S. Lakie Middle School Track & Field Schedule
May 13, 2025 @ University Community Sports Stadium

Time	U12 Girls	U12 Boys	U13 Girls	U13 Boys	U14 Girls	U14 Boys	Time
8:00	3000m open (AC)		3000m open (AC)		3000m open (AC)		8:00
8:10							8:10
8:20		3000m open (AC)		3000m open (AC)		3000m open (AC)	8:20
8:25							8:25
8:30	Student Arrival						8:30
8:35	Hurdle Setup						8:35
8:40	80m hurdles (final)	long jump	discus	triple jump		shot put	8:40
8:50	high jump	80m hurdles (final)					8:50
8:55			80m hurdles (final)				8:55
9:00				80m hurdles (final)			9:00
9:05					80m hurdles (final)		9:05
9:10						100m hurdles (final)	9:10
9:15	Hurdle Clean Up						9:15
9:20	800m (timed final)						9:20
9:25		800m (timed final)	high jump	discus			9:25
9:30	long jump		800m (timed final)		shot put	triple jump	9:30
9:35				800m (timed final)			9:35
9:40					800m (timed final)		9:40
9:45						800m (timed final)	9:45
9:50	100m (timed final)						9:50
9:55	100m (timed final)						9:55
10:00		100m (timed final)					10:00
10:05		100m (timed final)					10:05
10:10			100m (timed final)				10:10
10:15		high jump	100m (timed final)	long jump			10:15
10:20			shot put	100m (timed final)	triple jump	discus	10:20
10:25				100m (timed final)			10:25
10:30					100m (timed final)		10:30
10:35					100m (timed final)		10:35
10:40						100m (timed final)	10:40
10:45						100m (timed final)	10:45
10:50							10:50
10:55	400m (timed final)						10:55
11:00	400m (timed final)						11:00
11:05		400m (timed final)					11:05
11:10		400m (timed final)	triple jump		high jump	long jump	11:10
11:15	discus	shot put	400m (timed final)				11:15
11:20			400m (timed final)				11:20
11:25				400m (timed final)			11:25
11:30				400m (timed final)			11:30
11:35					400m (timed final)		11:35
11:40					400m (timed final)		11:40
11:45						400m (timed final)	11:45
11:50						400m (timed final)	11:50
11:55							11:55
12:00	1500m (timed final)		1500m (timed final)		1500m (timed final)		12:00
12:05		triple jump		shot put			12:05
12:10		1500m (timed final)		1500m (timed final)		1500m (timed final)	12:10
12:15					discus		12:15
12:20						high jump	12:20
12:25	200m (timed final)				long jump		12:25
12:30	200m (timed final)						12:30
12:35		200m (timed final)					12:35
12:40		200m (timed final)					12:40
12:45			200m (timed final)				12:45
12:50	shot put		200m (timed final)				12:50

12:55				200m (timed final)			12:55
1:00	triple jump			200m (timed final)			1:00
1:05		discus			200m (timed final)		1:05
1:10				high jump	200m (timed final)		1:10
1:15			long jump			200m (timed final)	1:15
1:20						200m (timed final)	1:20
1:25							1:25
1:30							1:30
1:35							1:35
1:40	4x100 Relay	4x100 Relay					1:40
1:45							1:45
1:50			4x100 Relay	4x100 Relay			1:50
1:55							1:55
2:00					4x100 Relay	4x100 Relay	2:00
2:05							2:05
2:10							2:10
2:15							2:15
2:20	Bus Arrival	Bus Arrival	Bus Arrival	Bus Arrival	Bus Arrival	Bus Arrival	2:20
2:25							2:25
2:30							2:30
2:35							2:35
2:40							2:40
2:45							2:45